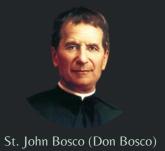


Bulletin



FIFTEENTH SUNDAY IN ORDINARY TIME

JULY 13TH, 2025

Catholic Archdiocese of Abuja

ST. JOHN MARY VIANNEY PARISH

KUBWA





As the Lord blesses me, I will build for the Lord



Endeavour to come to the house of God with a decent heart, and a decent dress.

First Reading

A reading from the Book of Deuteronomy (Deuteronomy 30: 10-14)

Moses spoke to the people, saying, "You shall obey the voice of the Lord your God, and keep his commandments and his statutes which are written in this book of the law, and turn to the Lord your God with all your heart and with all your soul. "For this commandment which I command you this day is not too hard for you, neither is it far off. It is not in heaven, that you should say, 'Who will go up for us to heaven, and bring it to us, that we may hear it and do it?' Neither is it beyond the sea, that you should say, 'Who will go over the sea for us, and bring it to us, that we may hear it and do it?' But the word is very near you; it is in your mouth and in your heart, so that you can do it."

The word of the Lord!

Responsorial Psalm

Psalm 69

R. You who are poor, seek God, and your hearts will revive.

I pray to you, O Lord, for a time of your favour. In your great mercy, answer me, O God, with your salvation that never fails. Lord, answer, for your mercy is kind; in your great compassion, turn towards me. **R**.

As for me in my poverty and pain, let your salvation, O God, raise me up. Then I will praise God's name with a song; I will glorify him with thanksgiving. **R.**

The poor when they see it will be glad, and God-seeking hearts will revive; for the Lord listens to the needy, and does not spurn his own in their chains. **R**.

For God will bring salvation to Sion, and rebuild the cities of Judah. The children of his servants shall inherit it; those who love his name shall dwell there. **R**.

Second Reading

A reading from the Letter of Saint Paul to the Colossians (Colossians 1:15-20)

Christ Jesus is the image of the invisible God, the first-born of all creation; for in him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or principalities or authorities — all things were created through him and for him. He is before all things, and in him all things hold together. He is the head of the body, the Church; he is the beginning, the first-born from the dead, that in everything he might be pre-eminent. For in him all the fullness of God was pleased to dwell, and through him to reconcile to himself all

things, whether on earth or in heaven, making peace by the blood of his cross.

The word of the Lord!

Allelvia

John 6:63.68

Alleluia. Your words, Lord, are Spirit and life; you have the words of eternal life. Alleluia.

Gospel

A reading from the holy Gospel according to Luke (Luke 10:25-37)

At that time: Behold, a lawyer stood up to put Jesus to the test, saying, "Teacher, what shall I do to inherit eternal life?" He said to him, "What is written in the law? What do you read there?" And he answered, "You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself." And he said to him, "You have answered right; do this, and you will live." But he, desiring to justify himself, said to Jesus, "And who is my neighbour?" Jesus replied, "A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him, and departed, leaving him half dead. Now by chance a priest was going down that

road; and when he saw him he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was; and when he saw him, he had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his own beast and brought him to an inn, and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, 'Take care of him; and whatever more you spend, I will repay you when I come back.' Which of these three, do you think, proved neighbour to the man who fell among the robbers?" He said, "The one who showed mercy on him." And Jesus said to him, "Go and do likewise."

The Gospel of the Lord.

MONDAY

14th July, 2025

First Reading

A reading from the Book of Exodus (Exodus 1:8-14.22)

In those days: there arose a new king over Egypt, who did not know Joseph. And he said to his people, "Behold, the sons of

Israel are too many and too mighty for us. Come, let us deal shrewdly with them, lest they multiply, and, if war befall us, they join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to afflict them with heavy burdens; and they built for Pharaoh store-cities, Pithom and Ra-amses. But the more they were oppressed, the more they multiplied and the more they spread abroad. And the Egyptians were in dread of the sons of Israel. So they made the people of Israel serve with rigour, and made their lives bitter with hard service, in mortar and brick, and in all kinds of work in the field; in all their work they made them serve with rigor. And Pharaoh commanded all his people, "Every son that is born to the Hebrews you shall cast into the Nile, but you shall let every daughter live."

The word of the Lord!

Responsorial Psalm

Psalm 124

R. Our help is in the name of the Lord

"If the Lord had not been on our side," let Israel say — "If the Lord had not been on our side when men rose against us, then would they have swallowed us alive when their anger was kindled." R.

"Then would the waters have engulfed us, the torrent gone over us; over our head would have swept the raging waters." Blest be the Lord who did not give us a prey to their teeth! **R.**

Our life, like a bird, has escaped from the snare of the fowler. Indeed, the snare has been broken, and we have escaped. Our help is in the name of the Lord, who made heaven and earth. **R.**

Alleluia

Matthew 5:10

Alleluia. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Alleluia.

Gospel

A reading from the holy Gospel according to Matthew (Matthew 10:34-11:1)

At that time: Jesus said to his apostles, "Do not think that I have come to bring peace on earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and a man's foes will be those of his own household. He who loves father or mother more than me is not worthy of me; and he who loves son or daughter more than

me is not worthy of me; and he who does not take his cross and follow me is not worthy of me. He who finds his life will lose it, and he who loses his life for my sake will find it. He who receives you received me, and he who receives me receives him who sent me. He who receives a prophet because he is a prophet shall receive a prophet's reward, and he who receives a righteous man because he is a righteous man shall receive a righteous man's reward. And whoever gives to one of these little ones even a cup of cold water because he is a disciple, truly, I say to you, he shall not lose his reward." And when Jesus had finished instructing his twelve disciples, he went on from there to teach and preach in their cities.

The Gospel of the Lord!

TUESDAY

15th July, 2025



A reading from the Book of Exodus (Exodus 2: 1-15)

In those days: A man from the house of Levi went and took to wife a daughter of Levi. The woman conceived and bore a son; and when she saw that he was a goodly child, she hid him three

months. And when she could hide him no longer she took for him a basket made of bulrushes, and daubed it with bitumen and pitch; and she put the child in it and placed it among the reeds at the river's brink. And his sister stood at a distance, to know what would be done to him. Now the daughter of Pharaoh came down to bathe at the river, and her maidens walked beside the river; she saw the basket among the reeds and sent her maid to fetch it. When she opened it she saw the child; and behold, the baby was crying. She took pity on him and said, "This is one of the Hebrews' children." Then his sister said to Pharaoh's daughter, "Shall I go and call you a nurse from the Hebrew women to nurse the child for you?" And Pharaoh's daughter said to her, "Go." So the girl went and called the child's mother. And Pharaoh's daughter said to her, "Take this child away, and nurse him for me, and I will give you your wages." So the woman took the child and nursed him. And the child grew, and she brought him to Pharaoh's daughter, and he became her son; and she named him Moses, for she said, "Because I drew him out of the water." One day, when Moses had grown up, he went out to' his people and looked on their burdens; and he saw an Egyptian beating a Hebrew, one of his people. He looked this way and that, and seeing no one he killed the Egyptian and hid him in the sand. When he went out the next day, behold, two Hebrew were struggling together; and he said to the man that did the wrong, "Why do you strike your

fellow?" He answered, "Who made you a prince and a judge over us? Do you mean to kill me as you killed the Egyptian?" Then Moses was afraid, and thought, "Surely the thing is known." When Pharaoh heard of it, he sought to kill Moses. But Moses fled from Pharaoh, and stayed in the land of Midian.

The word of the Lord!

Responsorial Psalm

Psalm 69

R. You who are poor, seek God, and your hearts will revive.

I have sunk into the mud of the deep, where there is no foothold. I have entered the waters of the deep, where the flood overwhelms we. **R**.

But I pray to you, O Lord, for a time of your favour. In your great mercy, answer me, O God, with your salvation that never fails. **R**.

As for me in my poverty and pain, let your salvation, O God, raise me up. Then I will praise God's name with a song; I will glorify him with thanksgiving. **R.**

The poor when they see it will be glad, and God-seeking hearts will revive; for the Lord listens to the needy, and does not spurn his own in their chains. **R**.

Allelvia

Alleluia. Today, harden not your hearts, but listen to the voice of the Lord. **Alleluia.**

Gospel

A reading from the holy Gospel according to Matthew (Matthew 11:20-24)

At that time: Jesus began to upbraid the cities where most of his mighty works had been done, because they did not repent. "Woe to you, Chorazin! Woe to you, Bethsaida! for if the mighty works done in you had been done in Tyre and Sidon, they would have repented long ago in sackcloth and ashes. But I tell you, it shall be more tolerable on the day of judgement for Tyre and Sidon than for you. And you, Capernaum, will you be exalted to heaven? You shall be brought down to Hades. For if the mighty works done in you had been done in Sodom, it would have remained until this day. But I tell you that it shall be more tolerable on the day of judgement for the land of Sodom than for you."

The Gospel of the Lord.

WEDNESDAY

16th July, 2025

First Reading

A reading from the Book of Exodus (Exodus 3:1-6.9-12)

In those days: Moses was keeping the flock of his father-in-law, Jethro, the priest of Midian; and he led his flock to the west side of the wilderness, and came to Horeb, the mountain of God. And the angel of the Lord appeared to him in a flame of fire out of the midst of a bush; and he looked, and behold, the bush was burning, yet it was not consumed. And Moses said, "I will turn aside and see this great sight, why the bush is not burnt." When the Lord saw that he turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here am I." Then he said, "Do not come near; put off your shoes from your feet, for the place on which you are standing is holy ground." And he said, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. The Lord said, "Now, behold, the cry of the sons of Israel has come to me, and I have seen the oppression with which the Egyptians oppress them. Come, I will send you to Pharaoh that you may bring forth my people, the sons of Israel, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the sons of Israel out of

Egypt?" He said, "But I will be with you; and this shall be the sign for you, that I have sent you: when you have brought forth the people out of Egypt, you shall serve God upon this mountain."

The word of the Lord.

Responsorial Psalm

Psalm 103

R. The Lord is compassionate and gracious.

Bless the Lord, O my soul, and all within me, his. holy name, Bless the Lord, O my soul, and never forget all his benefits. **R.**

It is the Lord who forgives all your sins, who heals every one of your ills, who redeems your life from the grave, who crowns you with mercy and compassion. **R**.

The Lord does just deeds, gives full justice to all who are oppressed. He made known his ways to Moses, and his deeds to the children of Israel. **R.**

Allelvia

Alleluia. Blessed are you, Father, Lord of heaven and earth, that you have revealed to little ones the mysteries of the kingdom. Alleluia.

Gospel

A reading from the holy Gospel according to Matthew (Matthew 11:25-27)

At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to infants; yes, Father, for such was your gracious will. All things have been delivered to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and any one to whom the Son chooses to reveal him."

The Gospel of the Lord.

THURSDAY

17th July, 2025

First Reading

A reading from the Book of Exodus (Exodus 3: 13-20)

In those days: [Hearing the voice of the Lord out of the midst of the bush,] Moses said to God, "If I come to the sons of Israel and say to them, 'The God of your fathers has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." And he said, "Say this to the sons of Israel, 'I AM has sent me to you." God also said to

Moses, "Say this to the sons of Israel, 'The Lord, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': this is my name for ever, and thus I am to be remembered throughout all generations. Go and gather the elders of Israel together, and say to them, 'The Lord, the God of your fathers, the God of Abraham, of Isaac, and of Jacob, has appeared to me, saying, "I have observed you and what has been done to you in Egypt; and I promise that I will bring you up out of the affliction of Egypt, to the land of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites, a land flowing with milk and honey." And they will listen to your voice; and you and the elders of Israel shall go to the king of Egypt and say to him, 'The Lord, the God of the Hebrews, has met with us; and now, we beg you, let us go a three days' journey into the wilderness, that we may sacrifice to the Lord our God.' I know that the king of Egypt will not let you go unless compelled by a mighty hand. So I will stretch out my hand and strike Egypt with all the wonders which I will do in it; after that he will let you go."

The word of the Lord.

Responsorial Psalm

Psalm 105

R. The Lord remembers his covenant forever.

Give thanks to the Lord; proclaim his name. Make known his deeds among the peoples. Remember the wonders he has done, his marvels and his words of judgement. **R**.

He remembers his covenant forever: the promise he ordained for a thousand generations, the covenant he made with Abraham, the oath he swore to Isaac. **R.**

He gave his people great increase; he made them stronger than their foes, whose hearts he turned to hate his people, and to deal deceitfully with his servants. **R.**

Then he sent Moses his servant, and Aaron whom he, had chosen. They performed God's signs among them, and his wonders in the land of Ham. **R**.

Allelvia

Alleluia. Come to me, all who labour and are heavy laden, and I will give you rest, says the Lord. Alleluia.

Gospel

A reading from the holy Gospel according to Matthew (Matthew 11:28-30)

At that time: Jesus declared, "Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord!

FRIDAY

18th July, 2025

First Reading

A reading from the Book of Exodus (Exodus 11:10-12: 14)

In those days: Moses and Aaron did many wonders before Pharaoh; and the Lord hardened Pharaoh's heart, and he did not let the sons of Israel go out of his land. The Lord said to Moses and Aaron in the land of Egypt, "This month shall be for you the beginning of months; it shall be the first month of the year for you. Tell all the congregation of Israel that on the tenth day of this month they shall take every man a lamb according to their fathers' houses, a lamb for a household; and if the household is too small for a lamb, then a man and his neighbour next to his house shall take according to the number

of persons; according to what each can eat you shall make your count for the lamb. Your lamb shall be without blemish, a male a year old; you shall take it from the sheep or from the goats; and you shall keep it until the fourteenth day of this month, when the whole assembly of the congregation of Israel shall kill their lambs in the evening. Then they shall take some of the blood, and put it on the two doorposts and the lintel of the houses in which they eat them. They shall eat the flesh that night, roasted; with unleavened bread and bitter herbs they shall eat it. Do not eat any of it raw or, boiled with water, but roasted, its head with its legs and its inner parts. And you shall let none of it remain until the morning, anything that remains until the morning you shall burn. In this manner you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it in haste. It is the Lord's Passover. For I will pass through the land of Egypt that night, and I will strike all the first-born in the land of Egypt, both man and beast; and on all, the gods of Egypt I will execute judgements: I am the Lord. The blood shall be a sign for you, upon the houses where you are; and when I see the blood, I will pass over you, and no plague shall fall upon you to destroy you, when I strike the land of Egypt. This day shall be for you a memorial day, and you shall keep it as a feast to the Lord; throughout your generations you shall observe it as an ordinance for ever."

The word of the Lord.

Responsorial Psalm

Psalm 116

R. The cup of salvation I will raise, I will call on the name of the Lord.

How can I repay the Lord for all his goodness to me? The cup of salvation I will raise; I will call on the name of the Lord. **R.**

How precious in the eyes of the Lord is the death of his faithful. Your servant am I, the son of your handmaid; you have loosened my bonds. **R**.

A thanksgiving sacrifice I make; I will call on the name of the Lord. My vows to the Lord I will fulfil before all his people. **R.**

Allelvia

Alleluia. My sheep hear my voice; says the Lord; and I know them, and they follow me. Alleluia.

Gospel

A reading from the holy Gospel according to Matthew (Matthew 12:1-8)

At that time Jesus went through the grain fields on the sabbath; his disciples were hungry, and they began to pluck heads of grain and to eat. But when the Pharisees saw it, they said to him, "Look, your disciples are doing what is not lawful to do on the sabbath." He said to them, "Have you not read what David did, when he was hungry, and those who were with him: how he entered the house of God and ate the showbread, which it was not lawful for him to eat nor for those who were with him, but only for the priests? Or have you not read in the law how on the sabbath the priests in the temple profane the sabbath, and are guiltless? I tell you, something greater than, the temple is here. And if you had known what this means, 'I desire mercy, and not sacrifice,' you would not have condemned the guiltless. For the Son of man is Lord of the Sabbath."

The Gospel of the Lord!

SATURDAY

19th July, 2025

First Reading

A reading from the Book of Exodus (Exodus 12:37-42)

In those days: The sons of Israel journeyed from Rameses to

Succoth, about six hundred thousand men on foot, besides women and children. A mixed multitude also went up with them, and very many cattle, both flocks and herds. And they baked unleavened cakes of the dough which they had brought out of Egypt, for it was not leavened, because they were thrust out of Egypt and could not tarry, neither had they prepared for themselves any provisions. The time that the sons of Israel dwelt in Egypt was four hundred and thirty years. And at the end of four hundred and thirty years, on that very day, all the hosts of the Lord went out from the land of Egypt. It was a night of watching by the Lord, to bring them out of the land of Egypt; so this same night is a night of watching kept to the Lord by all the sons of Israel throughout their generations.

The word of the Lord!

Responsorial Psalm

Psalm 136

R. For his mercy endures forever.

O give thanks to the Lord, for he is good, for his mercy endures forever. He remembered us in our distress, for his mercy endures forever. And he snatched us away from our foes, for his mercy endures forever. **R**.

The firstborn of the Egyptians he smote, for his mercy endures forever. He brought Israel out from their midst, for his mercy endures forever; with mighty hand and outstretched arm, for his mercy endures forever. **R**.

The Red Sea he divided in two, for his mercy endures forever; he made Israel pass through the midst, for his mercy endures forever; he flung Pharaoh and his force in the Red Sea, for his mercy endures forever. **R.**

Allelvia

2 Corinthians 5:19

Alleluia. God was in Christ reconciling the world to himself, and entrusting to us the message of reconciliation. **Alleluia.**

Gospel

A reading from the holy Gospel according to Matthew (Matthew 12:14-21)

At that time: The Pharisees went out and took counsel against Jesus, how to destroy him. Jesus, aware of this, withdrew from there. And many followed him, and he healed them all, and ordered them not to make him known. This was to fulfil what was spoken by the prophet Isaiah: "Behold, my servant whom I have chosen, my beloved with whom my soul is well pleased. I

will put my Spirit upon him, and he shall proclaim justice to the Gentiles. He will not wrangle or cry aloud, nor will any one hear his voice in the streets; he will not break a bruised reed or quench a smouldering wick, till he brings justice to victory; and in his name will the Gentiles hope."

The Gospel of the Lord.