



St. John Mary Vianney

# Bulletin



St. John Bosco (Don Bosco)

SIXTEENTH SUNDAY IN ORDINARY TIME

JULY 20TH, 2025

## Catholic Archdiocese of Abuja

ST. JOHN MARY VIANNEY PARISH

KUBWA



*As the Lord blesses me, I will  
build for the Lord*



Endeavour to come to the house of God with a decent heart, and a decent dress.

Praying & Loving Family, Win Souls for God!

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*First Reading***A reading from the Book of Genesis (Genesis 18: 1- 10)**

In those days: The Lord appeared to Abraham by the Oaks of Mamre, as he sat at the door of his tent in the heat of the day. He lifted up his eyes and looked, and behold, three men stood in front of him. When he saw them, he ran from the tent door to meet them, and bowed himself to the earth, and said, “My lord, if I have found favour in your sight, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree, while I fetch a morsel of bread, that you may refresh yourselves, and after that you may pass on — since you have come to your servant.” So they said, “Do as you have said.” And Abraham hastened into the tent to Sarah, and said, “Make ready quickly three measures of fine meal, knead it, and make cakes.” And Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds, and milk, and the calf which he had prepared, and set it before them; and he stood by them under the tree while they ate. They said to him, “Where is Sarah your wife?” And he said, “She is in the tent.” The Lord said, “I will surely return to you in the spring, and Sarah your wife shall have a son.”

**The word of the Lord!**

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*Responsorial Psalm***Psalm 15****R. Lord, who may abide in your tent?**

Whoever walks without fault; who does what is just, and speaks the truth from his heart. Who does not slander with his tongue. **R.**

Who does no wrong to a neighbour, who casts no slur on a friend, who looks with scorn on the wicked, but honours those who fear the Lord. **R.**

Who lends no money at interest, And accept no bribes against the innocent. Such a one shall never be shaken. **R.**

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*Second Reading***A reading from the Letter of Saint Paul to the Colossians  
(Colossians 1:24-28)**

Brethren: Now I rejoice in my sufferings for your sake, and in my flesh I complete what is lacking in Christ's affliction for the sake of his body, that is, the Church, of which I became a minister according to the divine office which was given to me for you, to make the word of God fully known, the mystery hidden for ages and generations but now made manifest to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the

hope of glory. Him we proclaim, warning every man and teaching every man in all wisdom, that we may present every man mature in Christ.

## **The word of the Lord!**

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### *Alleluia*

**Alleluia.** Blessed are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience. **Alleluia.**

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### *Gospel*

#### **A reading from the holy Gospel according to Luke (Luke 10:38-42)**

At that time: Jesus entered a village; and a woman named Martha received him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving; and she went to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me" But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things; one thing is needful. Mary has chosen the good portion, which shall not be taken away from her."

**The Gospel of the Lord.****M O N D A Y****21st July, 2025**

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*First Reading***A reading from the Book of Exodus (Exodus 14:5-18)**

In those days: When the king of Egypt was told that the people had fled, the mind of Pharaoh and his servants was changed towards the people, and they said, “What is this we have done, that we have let Israel go from serving us?” So he made ready his chariot and took his army with him, and took six hundred picked chariots and all the other chariots of Egypt with officers over all of them. And the Lord hardened the heart of Pharaoh King of Egypt and he pursued the sons of Israel as they went forth defiantly. The Egyptians pursued them, all Pharaoh’s horses and chariots and his horsemen and his army, and overtook them encamped at the sea, by Pih-hiroth, in front of Baal-zephon. When Pharaoh drew near, the sons of Israel lifted up their eyes, and behold, the Egyptians were marching after them; and they were in great fear. And the sons of Israel cried out to the Lord; and they said to Moses, “Is it because there are

no graves in Egypt that you have taken us away to die in the wilderness? What have you done to us, in bringing us out of Egypt? Is not this what we said to you in Egypt, ‘Let us alone and let us serve the Egyptians’? For it would have been better for us to serve the Egyptians than to die in the wilderness.” And Moses said to the people, “Fear not, stand firm, and see the salvation of the Lord, which he will work for you today; for the Egyptians whom you see today, you shall never, see again. The Lord will fight for you, and you have only to be still.” The Lord said to Moses, “Why do you cry to me? Tell the sons of Israel to go forward. Lift up your rod, and stretch out your hand over the sea and divide it, that the sons of Israel may go on dry ground through the sea. And I will harden the hearts of the Egyptians so that they shall go in after them, and I will get glory over Pharaoh and all his host, his chariots, and his horsemen. And the Egyptians shall know that I am the Lord, when I have gotten glory over Pharaoh, his chariots, and his horsemen.”

**The word of the Lord!**

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*Responsorial Psalm*

**Exodus 15**

**R. I will sing to the Lord, for he has triumphed gloriously.**

I will sing to the Lord, for he has triumphed gloriously; The horse and his rider he has thrown into the sea. The Lord is my



strength and my song, And he has become my salvation; This is my God, and I will praise him, My father's God, and I will exalt him. **R.**

The Lord is a man of war; the Lord is his name. Pharaoh's chariots and his host he cast into the sea; and his picked officers are sunk in the Red Sea. **R.**

The floods cover them; They went down into the depths like a stone. Your right hand, O Lord, glorious in power, Your right hand, O Lord, shatters the enemy. **R.**

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### *Alleluia*

**Alleluia.** Today, harden not your hearts, but listen to the voice of the Lord. **Alleluia.**

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### *Gospel*

**A reading from the holy Gospel according to Matthew (Matthew 12:38-42)**

At that time: Some of the scribes and Pharisees said to Jesus, "Teacher, we wish to see a sign from you." But he answered them, "An evil and adulterous generation seeks for a sign; but no sign shall be given to it except the sign of the prophet Jonah.

For as Jonah was three days' and three nights in the belly of the whale, so will the Son of man be three days and three nights in the heart of the earth. The men of Nineveh will arise at the judgement with this generation and condemn it; for they repented at the preaching of Jonah, and behold, something greater than Jonah is here. The queen of the South will arise at the judgement with this generation and condemn it; for she came from the ends of the earth to hear the wisdom of Solomon, and behold, something greater than Solomon is here."

**The Gospel of the Lord!**

T U E S D A Y

**22nd July, 2025**

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*First Reading*

**A reading from the Song of Solomon (Song of Solomon 3:1-4)**

The bride responds: Upon my bed by night I sought him whom my soul loves; I sought him, but found him not; I called him, but he gave no answer. I will rise now and go about the city, in the streets and in the squares; I will seek him whom my soul loves. "I sought him, but found him not. The watchmen found



me, as they went about in the city. “Have you seen him whom my soul loves?” Scarcely had I passed them, when I found him whom my soul loves.

## **The word of the Lord!**

### *Responsorial Psalm*

#### **Psalm 63**

**R. For you my soul is thirsting, O Lord, my God.**

O God, you are my God; at dawn I seek you; For you my soul is thirsting. For you my flesh is pining, Like a dry, weary land without water. **R.**

I have come before you in the sanctuary, To behold your strength and your glory. Your loving mercy is better than life; My lips will speak your praise. **R.**

I will bless you all my life; In your name I will lift up my hands. My soul shall be filled as with a banquet; With joyful lips, my mouth shall praise you. **R.**

For you have been my strength; In the shadow of your wings I rejoice. My soul clings fast to you; Your right hand upholds me. **R.**

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*Alleluia*

**Alleluia.** O Mary, tell us what you saw along the way. The tomb I saw of the living Christ, and the glory of the Risen One.  
**Alleluia.**

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*Gospel*

**A reading from the holy Gospel according to John (John 20:1-2.11-18)**

Now on the first day of the week, Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. So she ran, and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, “They have taken the Lord out of the tomb, and we do not know where they have laid him.” But Mary stood weeping outside the tomb, and as she wept she stooped to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had lain, one at the head and one at the feet. They said to her, “Woman, why are you weeping?” She said to them, “Because they have taken away my Lord, and I do not know where they have laid him.” Saying this, she turned round and saw Jesus standing, but she did not know that it was Jesus. Jesus said to her, “Woman, why are you weeping? Whom do you seek?” Supposing him to be the gardener, she said to him, “Sir, if you have carried him away, tell me where you have laid him, and I will take him away.” Jesus said to her, “Mary.”

She turned and said to him in Hebrew, “Rabboni!” (Which means Teacher). Jesus said to her, “Do not hold me, for I have not yet ascended to the Father; but go to my brethren and say to them, I am ascending to my Father and your Father, to my God and your God.” Mary Magdalene went and said to the disciples, “I have seen the Lord”; and she told them that he had said these things to her.

**The Gospel of the Lord.**

W E D N E S D A Y

**23rd July, 2025**

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*First Reading*

**A reading from the Book of Exodus (Exodus 16:1-5. 9-15)**

The sons of Israel set out from Elim, and all the congregation of the sons of Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. And the whole congregation of the sons of Israel murmured against Moses and Aaron in the wilderness, and said to them, “would that we had died by the hand of the LORD in the land of Egypt,

when we sat by the fleshpots and ate bread to the full; for you have brought us out into this wilderness to kill this whole assembly with hunger.” Then the LORD said to Moses, “Behold, I will rain bread from heaven for you; and the people shall go out and gather a day’s portion every day, that I may test them, whether they will walk in my law or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily.” And Moses said to Aaron, “Say to the whole congregation of the sons of Israel, ‘Come near before the LORD, for he has heard your murmurings.’” And as Aaron spoke to the whole congregation of the sons of Israel, they looked towards the wilderness, and behold, the glory of the LORD appeared in the cloud. And the LORD said to Moses, “I have heard the murmurings of the sons of Israel; say to them, ‘at twilight you shall eat flesh, and in the morning you shall be filled with bread; then you shall know that I am the LORD your God.’” In the evening quails came up and covered the camp; and in the morning dew lay around about the camp. And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as hoarfrost on the ground. When the sons of Israel saw it, they said to one another, “what is it?” for they did not know what it was. And Moses said to them, “it is the bread which the Lord has given you to eat.

**The word of the Lord.**

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*Responsorial Psalm***Psalm 78****R. The Lord gave them bread from heaven.**

In their heart they put God to the test by demanding the food they craved. They spoke against God and said: Can God spread a table in the wilderness? R.

Yet he commanded the clouds above, And opened the gates of heaven.! He rained down manna to eat, And gave them bread from heaven. R.

Man ate the bread of angels. He sent them abundance of food; The east wind he stirred up in the heavens, The south wind he directed by his might., R.

He rained flesh upon them like dust, Winged fowl like the sands of the sea. He let it fall in the midst of their camp, And all around their tents. R.

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*Alleluia*

**Alleluia.** The seed is the word of God, and the sower is Christ; all who find him will abide for ever. **Alleluia.**

*Gospel***A reading from the holy Gospel according to Matthew (Matthew 13:1-9)**

That same day Jesus went out of the house and sat beside the sea. And great crowds gathered about him, so that he got into a boat and sat there; and the whole crowd stood on the beach. And he told them many things in parables, saying: "A sower went out to sow. And as he sowed, some seeds fell along the path, and the birds came and devoured them. Other seeds fell on rocky ground, where they had not much soil, and immediately they sprang up, since they had no depth of soil, but when the sun rose they were scorched; and since they had no root they withered away. Other seeds fell upon thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. He who has ears, let him hear.

**The Gospel of the Lord.**

**T H U R S D A Y**

**17th July, 2025**

*Responsorial Psalm*  
**Psalm 105**



**R. The Lord remembers his covenant forever.**

Give thanks to the Lord; proclaim his name. Make known his deeds among the peoples. Remember the wonders he has done, his marvels and his words of judgement. **R.**

He remembers his covenant forever: the promise he ordained for a thousand generations, the covenant he made with Abraham, the oath he swore to Isaac. **R.**

He gave his people great increase; he made them stronger than their foes, whose hearts he turned to hate his people, and to deal deceitfully with his servants. **R.**

Then he sent Moses his servant, and Aaron whom he, had chosen. They performed God's signs among them, and his wonders in the land of Ham. **R.**

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*Alleluia*

**Alleluia.** Come to me, all who labour and are heavy laden, and I will give you rest, says the Lord. **Alleluia.**

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*Gospel*

**A reading from the holy Gospel according to Matthew (Matthew 11:28-30)**

At that time: Jesus declared, “Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

**The Gospel of the Lord!**

F R I D A Y

**18th July, 2025**

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### *First Reading*

A reading from the Book of Exodus (Exodus 11:10-12: 14)

In those days: Moses and Aaron did many wonders before Pharaoh; and the Lord hardened Pharaoh’s heart, and he did not let the sons of Israel go out of his land. The Lord said to Moses and Aaron in the land of Egypt, “This month shall be for you the beginning of months; it shall be the first month of the year for you. Tell all the congregation of Israel that on the tenth day of this month they shall take every man a lamb according to their fathers’ houses, a lamb for a household; and if the household is too small for a lamb, then a man and his neighbour next to his house shall take according to the number

of persons; according to what each can eat you shall make your count for the lamb. Your lamb shall be without blemish, a male a year old; you shall take it from the sheep or from the goats; and you shall keep it until the fourteenth day of this month, when the whole assembly of the congregation of Israel shall kill their lambs in the evening. Then they shall take some of the blood, and put it on the two doorposts and the lintel of the houses in which they eat them. They shall eat the flesh that night, roasted; with unleavened bread and bitter herbs they shall eat it. Do not eat any of it raw or, boiled with water, but roasted, its head with its legs and its inner parts. And you shall let none of it remain until the morning, anything that remains until the morning you shall burn. In this manner you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it in haste. It is the Lord's Passover. For I will pass through the land of Egypt that night, and I will strike all the first-born in the land of Egypt, both man and beast; and on all, the gods of Egypt I will execute judgements: I am the Lord. The blood shall be a sign for you, upon the houses where you are; and when I see the blood, I will pass over you, and no plague shall fall upon you to destroy you, when I strike the land of Egypt. This day shall be for you a memorial day, and you shall keep it as a feast to the Lord; throughout your generations you shall observe it as an ordinance for ever."